

“Empowering Girls and Boys Through Horses”!

Horse Summer Camp

June 20, 21, 22

*Empowering students through Equine Facilitated Learning: An interactive
Experiential Approach on How Horses Can Strengthen the Way Our
Students, Lead, Live, and Learn!*

*Grades: 3rd, 4th and 5th

*Time: 9:00a -1:00p

* Price: \$

*Weds- Fri. June 20- 22

*Lunch Included

\$25.00 Deposit (Non refundable)



**Increase your Self-Confidence and Self Worth **Horsemanship *Relationships *
Peer Pressure ** Bullying

Empowering students through horses is a gentle and effective way of fostering self-discovery and healing through being in nature and connecting with horses. This program promotes self-awareness, communication skills, and healthy boundaries.



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**vR Growth and Learning Center Summer Camp Team includes a
Professional Counselor, EAGALA Certified, Camp Counselor, Charlotte
Jeanne, B.S. Child Development, Captain of the Vanderbilt Equestrian
Team.**

Day 1:

9:00am Greet: Welcoming (T- shirts) Picture on horse
Housekeeping rules/safety
Theme for the day: All about the Horse
Group: Horse Sense: Parts of Horse: healthy boundaries
Pairs: Checklist of parts of horse
10:00am Game
10:30am Arts and crafts and snack
Horseshoe paint
11:00am Group match parts of horse
11:30 am
12:00 noon Lunch
12:30 Time with a horse
1:00pm dismiss

Day 2:

9:00a.Greet: Welcoming
Theme for the day:
9:30am Lesson Horsemanship Learning how horses and people communicate.
How horses learn
How to lead a horse

Day 3: Theme how to groom a horse
Grooming Show
Horse show

*Increase your Self-Confidence and Self Worth
*Horsemanship *Relationships * Peer Pressure * Bullying
*Self-Awareness *Communications Skills *Healthy Boundaries